



Bala Kíshore

VP - Better Living
Digital Wellness Coach
Searce Inc

- SEARCE provides new-age Technology Solutions to help Futurify the Businesses
- **Working in this company since Jan 2018**
- In IT industry since 1994, earlier worked at C-DAC, Bangalore on PARAM Super Computer and at Silicon Automation Systems, Bangalore (now called Sasken), United Online (India), CDK Global (India).

Email: bkbalakishore@gmail.com

Youtube Link: https://www.youtube.com/channel/UCh_gdPq0CiKLh29g8lO5MAw



EDUCATIONAL QUALIFICATIONS

- Reprofessional Certified Coach (PCC) as accredited by International
- Coach Federation (ICF), 2013
- Certificate in Business Administration (C.B.A.) from Manchester Business School, UK, 2002
- M.Tech in Computer Science & Engineering from NIT Warangal, 1995
- B.E in Electronics & Communications Engg, Osmania Univ., Hyderabad 1993

AWARDS

- Rritish Chevening Scholarship, was one of the 12 IT
 Professionals, chosen from all over India for 'Advanced
 Management Program for Young Indian IT Managers' in 2001,
 by the British Government as a part of their Chevening
 Scholarship program
- Awarded JRF (Junior Research Fellowship) by CSIR (Council for Scientific and Industrial Research), India in 1993
 - Batch Topper in Engineering (B.E)
- University Topper in Second year of B.E.
- State Special Merit Scholarship in 11th and 12th
- Complete Fee Waiver for 5 years in school 6th standard to
- 10th standard



PERSONAL DETAILS



- Founder of SPIR-IT Summit Conference (www.spiritsummit.org) & Spirituality in IT Retreats (http://itwing.brahmakumaris.com/sit/)
- Raja Yoga Meditation since 1993
- Member of Youth, SpARC (Spiritual Applications and Research Center), IT Wings of Brahma Kumaris
- Coordinator of BrahmaKumaris India IT team
- Was Founding member of MMTS Travelers group in Hyderabad. This group works with Railway Authorities and State Govt. of Telangana in improving the local train infra-structure in Hyderabad. We have achieved some major improvements as a result of initiatives taken up by our team.
- Was Board Member of Right To Walk Foundation, an organization that works for Pedestrian Rights in the city of Hyderabad.
- (Leadership) & Meditation, including Improvement of Soft-Skills for more than 20 years

GAVE LECTURES @







































SOME OF THE LECTURES

- **Mindset**
- 4 P's for Success
- Transformation Inside Out techniques for Stress Free Living
- Power of Questions
- Representation of the Pygmalion effect in Management
- Emotional Intelligence

- Rethink Your Mindset
- Situational Leadership
- Mow to make an effective presentation
- Peak Performance

- Mind, Medicine, and Meditation
- Placebo effect
- Positive Thinking
- Career Guidance (for engineering college students)
- Preventing coronary artery disease
- Repetitive strain injuries (RSI)
- What is Diabetes and how to prevent it
- Train Your Mind, Change Your Brain
- Self-Talk
- Attention, Intention, Meditation (AIM)
- Sleep in Digital Age

